

Essence: Sweet children, you become sensible with this one great mantra of Manmanabhav. This is the mantra that liberates you from all sins.

Question: What is the essence of the entire knowledge? What are the signs of those who remain Manmanabhav?

Answer: The essence of the entire knowledge is that we now have to return home. This world is dirty; we have to renounce it and return to our home. Simply to remember this much is also to be Manmanabhav. The children who remain in the stage of Manmanabhav will constantly churn the ocean of knowledge. They have sweet spiritual conversations with Baba.

Question: By coming under the influence of which habit is a soul not able to stay in remembrance of the Father?

Answer: If a soul has the habit of looking at dirty pictures or reading news, he is unable to stay in remembrance of the Father. The *cinema* too is a gateway to hell and it spoils your attitude.

Om shanti. The spiritual Father sits here and explains to you spiritual children. Explanation is given to those who have little understanding. You have now become very sensible and you understand that this One is your unlimited Father and that He also gives you unlimited teachings. He explains the secrets of the beginning, the middle and the end of the world. The *knowledge* should be in the intellects of you *students*. The Father will definitely take you back with Him because He knows that this is a dirty old world. I have come into this old world to take the children home. Baba explains: While sitting here, you children must be feeling inside that this One really is your unlimited Father and that He gives you very elevated teachings. He has also explained the secrets of the beginning, the middle and the end of creation. To remember all of this is also to be Manmanabhav; it can be included in your *chart*. It is very easy! Even if you don't do anything else, then, while sitting, walking and moving around, let your intellect remember this. Something that is *wonderful* is always remembered. You understand that by remembering Baba and studying this education you are once again becoming masters of the world. This should continue to turn around in your intellect. Although you may be sitting on a bus or in a train, let your intellect remain in remembrance. First of all, children need a father. You know that the spiritual Father of us souls is unlimited. In order to have remembrance easily, Baba gives you this method: Constantly remember Me alone, and through this fire of yoga your sinful actions of half the cycle will be incinerated. For birth after birth, you have been doing a great deal of penance and having sacrificial fires etc. Those on the path of devotion do not even know why they do all of that. What benefit would they derive from that? They go to the temples and do so much bhakti! They believe that all of that has been going on since time immemorial. However, human beings don't realize that there are no scriptures in heaven. They believe that all of that has been in existence since the beginning of the world. None of them can tell you who the unlimited Father is. Here, there isn't a limited father or *teacher*. You have all been educated by a limited *teacher*, with whom you studied to get a job and earn an income. You know that this is your unlimited Father and that He doesn't have a father. He is the unlimited *Teacher*, and He doesn't have a *teacher*. Who educated these deities? You should definitely remember this. This too is also Manmanabhav. This knowledge has not been taught anywhere else. Baba Himself *is knowledge-full*. Why? Did someone educate Him? He is the Living Seed of the human world tree. He is the Ocean of Knowledge. Because he is the Living Being, He tells you all the secrets of the human world tree from the beginning to the end. He comes at the end and tells you the knowledge of the beginning. He says: O children, I have incarnated in this one and, through him, I tell you the secrets from the beginning to the present moment. I will tell you about the end later on. As you progress, you will understand when it is the end because by that time you will have reached your karmateet stage. You will also see the signs of that. This dirty old world has to be destroyed. This is nothing new. You have seen this many times and you will continue to see it. You claimed the kingdom a cycle ago, you lost it and are now claiming it once again. Baba is teaching us. You understand that you were the masters of the world and that you then took eighty-four births. In order to make you into the masters of the world again, Baba is giving you that same knowledge. You understand inside that Baba is also the *Teacher*. Achcha, if you cannot remember the Father, then remember the Teacher. Can one ever forget one's

teacher? You continue to study with the *Teacher*. Yes, Maya makes you make mistakes and you are not aware of them. Maya blows dust in your eyes so that you forget that it is God who is teaching you. Baba explains everything to you. This explanation is unlimited whereas that is limited. Baba gives you children this unlimited *knowledge* every cycle. Achcha, if you cannot study a great deal, then remember Baba in the form of the Father. He does not have a father; He is the Father of all and all of you are His children. Can anyone say whose Child Shiv Baba is? He is the unlimited Father. You children understand that you now belong to the unlimited Father. Our study is *wonderful!* It is only we Brahmins who study these teachings. Deities, warriors, merchants and shudras do not study this. The knowledge that Baba gives is totally unique. No one except you can understand it. The mercury of happiness of you children rises because you know that you are becoming satopradhan from tamopradhan. You now have to make a great deal of effort in order to claim a high status. It is not that everyone will go to heaven anyway. If you do not imbibe knowledge and yoga, you will not be able to claim a high status. Baba says: In order to become sixteen celestial degrees complete, you have to make a lot of effort for remembrance. Check that you are not causing anyone sorrow through your thoughts, words or deeds. You are the children of the Bestower of Happiness, and so you have to give happiness to everyone. Never cause anyone sorrow through your thoughts, words or deeds. All of you are now studying and becoming like flowers. Only this study will go with you. There is no need to study books etc. In other types of education you have to study so many books etc. This *knowledge* of Baba's is totally unique and it is also very easy. However, it is incognito. No one except you can understand what you are studying. It is a *wonderful* study. Baba says: Never be *absent*; never leave this study. Baba receives everyone's *register*. Baba can tell from this when someone stays *absent* for ten months and when someone else stays *absent* for six months. While moving along, some leave this study. This is very *wonderful*; there is nothing as *wonderful* as this! Such a Father comes and meets you children every cycle. You children understand that this corporeal father takes rebirth. He goes around the cycle of eighty-four births and the same applies to you. This is a play. A play can never be forgotten; a play is always remembered. Baba explains that this world in general is hell and that the *cinema* in particular is like hell. By going there your attitude becomes completely spoilt. By looking at beautiful pictures of women in the newspapers, the intellect is pulled towards them. Thoughts arise in the mind that a particular one is very beautiful; she should get a *prize*. Why do you look at such pictures? Your intellect understands that the whole world is to end. Simply continue to remember Me. Do not think about or look at such things. All of those dirty bodies belong to the old world. What is there to see in them? Only see the Father. Baba says: Sweetest children, the destination is very high. Maya is no less. Just see how much pomp of Maya there is. On that side is *science* and on this side is your *silence*. Those people just want liberation whereas, here, you have the *aim and objective* of attaining liberation-in-life. No one else can show you the path to liberation-in-life. Sannyasis etc. cannot give you this *knowledge*. They cannot tell anyone to continue living at home and become pure. Only the one Father explains this. The path of devotion has been nothing but a *waste of time*. There have been so many mistakes! While making mistakes, they have become completely ignorant. This *last* birth is one of *one hundred per cent* mistakes. The intellect does not function at all. It is only because Baba explains to you that you now understand. Now that you have understood everything, you are able to explain to others. Your mercury of happiness rises. It is a wonder that this Father does not have a father or a teacher. So, where did He learn from? Human beings will be amazed at this. Many think that this one must definitely have learnt this from a guru. If he had learnt it from a guru, then that guru would have had many other students. There wouldn't be just this one student. A guru has many students. Just look how many students the Aga Khan has. Just look how much *regard* they give to their guru. They weigh him against diamonds. What would you weigh this One against? He is the *Supreme*. How much would He weigh? What would you do? How much would He weigh if you were to weigh Him? Is there anything you could use to weigh Him with? Shiv Baba is a dot. Nowadays, many people are weighed against something. Some are weighed with gold, some with silver and some are even weighed with *platinum*. That is even more expensive than gold. Baba now explains: Those worldly gurus do not grant you salvation. Only the one Father leads you to salvation. What would you weigh Him with? Human

beings simply say: Oh God! Oh God! They do not know that He is the Father as well as the *Teacher*. He is sitting in an ordinary way. He sits a little higher in order to see the faces of you children. How could I bring about establishment without you helpful children? Baba definitely *loves* those who help Him a lot. In lokik life, if one child earns 2000 rupees and the other one earns 1000 rupees, which one would the father *love* more? However, nowadays, children aren't even concerned about their parents. The unlimited Father also sees that such-and-such a child is a very good helper. On seeing you children, Baba becomes very pleased. The soul becomes pleased. I come every cycle and I am very pleased to see My children, because I know that every cycle they become My helpers. This love from the Father remains for every cycle. Wherever you may be sitting, keep in your intellect that Baba is your Father, *Teacher* and Satguru. He is everything, which is why everyone remembers Him. No one will remember Him in the golden age, because by that time your boat will have gone across for twenty-one births. You children should remain cheerful by remembering in this way. You should be happy that you are doing the service of such a Father. Give everyone the Father's introduction. This is the unlimited Father. Only Baba establishes heaven. Baba also takes us all back with Him. When you give such explanations, they can no longer say that God is omnipresent. Baba has said: At the time of destruction, those whose intellect has no love will be destroyed. All of them will be destroyed and only you will remain to claim victory. You are establishing a kingdom. The Father of souls is explaining to souls. Therefore, tell everyone these *wonderful* things. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. You are the children of the Bestower of Happiness, and you therefore have to give happiness to everyone. Never cause anyone sorrow through your thoughts, words or deeds.
2. Both the Teacher and the teachings are *wonderful*. Never be *absent* and miss such *wonderful* teachings.

Blessing: May you become an elevated soul and fly in the flying stage with the wings of zeal and enthusiasm.

Along with knowledge and yoga, there should be new zeal and enthusiasm every day, at every moment and in every action. This is the basis of the flying stage. No matter what type of action it is, whether it is cleaning, washing dishes or ordinary actions, there should constantly be *natural* zeal and enthusiasm. Elevated souls with the flying stage will constantly fly with the wings of zeal and enthusiasm. They will never become *confused*. They will not become tired or stuck over trivial matters.

Slogan: Someone who is an embodiment of humility, tireless and a constantly ignited lamp is a world benefactor.

*** O M S H A N T I ***